



WELLNESS PACKAGES

www.starhospitallimited.com

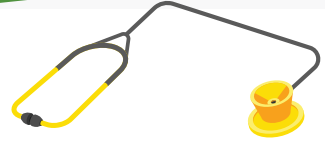
PREVENTIVE HEALTHCARE PACKAGES

Our passion well reflects the fact that we set the industry standards when it comes to compassion, care, and comfort. To deliver International Class healthcare with a total service focus, by creating an institution committed to the highest standards of medical & service excellence, patient care, scientific knowledge and medical education.

Preventive health check-ups are very useful in early detection of all types of illness and risk factors. Simple to understand and less time consuming, our Preventive Health Program comprises of a set of comprehensive tests that have been specially designed keeping your health in mind.

There was a time, when the world's devastating diseases occurred because of infections from various pathogens. As modern sciences progressed, man conquered most of these through antibiotics, vaccinations, inoculations leading to complete eradication of some.

However, a new set of equally lethal diseases (ironically a by-product of our affluent lifestyle) are now threatening us. Most of the diseases are "silent". You often do not have early symptoms. Hence regular screening tests are the only way for early detection. We all know that prevention is better than cure. On the basis of medical evidence, we have medical packages that are just right for you and add on tests that are conducted depending on personal risk factors.



IMPORTANCE OF PREVENTIVE HEALTH CHECKS

The focus of the PHC Program is on administering a truly standardized and medically correct set of tests. Unlike others, we do not include or exclude tests just to make our program available at pre-decided prices.

Medically incomplete Preventive Check-Ups can give you a false sense of security, as they do not include certain tests, which might be of a vital importance to you. The STAR Preventive Health Program is created with the understanding that the risk of disease profile mostly changes with age and sex. On the strength of medical evidence, we provide packages that are ideal for you.

KEY BENEFITS OF PREVENTIVE HEALTH CHECK

- 20% discount on tests recommended by doctors in clinical review.
- 50% discount on 2 specialist consultations recommended by physician.

PREVENTIVE HEALTH CHECK DONE IN 3 HOURS

Choice of Home sample collection for those who are not able to come to hospital due to various reasons.

3 HOURS TODAY CAN SAVE YEARS OF YOUR LIFE TOMORROW – 3 HOURS RAPID CARE

Designed as per the health needs for each age group. Full body detailed screening and doctor consultation in just 3 hours.

KIDS PREVENTIVE HEALTH PACKAGE (NRs. 5,500/-)

CONSULTATIONS

- Pediatrics Consultation
- Other Consultation As Per Required (First Consultation Free)

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood Sugar Fasting
- Urine Routine and Microscopy
- Stool Routine and Microscopy
- Vitamin D3
- Chest X –ray (PA View)
- Ultrasound abdomen and pelvis



QUICK HEALTH CHECK-UP PACKAGE (NRs. 2,500/-)

CONSULTATIONS

- Internal Medicine Consultation

INVESTIGATIONS

- Blood Sugar Fasting
Total Cholesterol
- Complete Blood Count (CBC)
- Creatinine
- SGOT, SGPT
- Urine Routine & Microscopy
- Electrocardiogram - ECG
- Chest X-ray PA View



ADOLESCENT HEALTH SCREENING PROGRAM (NRs. 4,500/-)

CONSULTATIONS

- Internal Medicine Consultation

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood sugar Fasting
- Blood Grouping & Rh Factor
- Urine Routine and Microscopy
- SGOT, SGPT
- Urea , Creatinine
- TRIGLYCERIDES
- Uric Acid
- Serum Calcium
- Chest X-ray
- Ultrasound abdomen and pelvis
- Electrocardiogram - ECG
- TSH

BASIC PREVENTIVE HEALTH PACKAGE (NRs. 8,000/-)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female only)
- Dietician Consultation

INVESTIGATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female only)
- Dietician Consultation
- INVESTIGATIONS
- Complete blood Count (CBC)
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL,
- Cholesterol, TRIGLYCERIDES
- BILIRUBIN Total and Direct
- SGOT, SGPT
- Serum Creatinine
- Uric Acid
- Serum Calcium
- Vitamin D3
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Pap smear (Female above 40 Yrs)
- Stool Routine and Microscopy
- Electrocardiogram - ECG
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis



METABOLIC (DIABETIC AND THYROID) HEALTH PACKAGE (NRs. 7,500/-)

CONSULTATIONS

- Endocrinologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Blood Count (CBC)
- Blood sugar fasting
- Blood sugar PP
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Glycosylated Hemoglobin (HbA1c)
- Uric Acid
- Serum Calcium
- Urine Micro albumin
- Thyroid Function Test - TFT (T3, T4, TSH)
- Vitamin D3
- Electrocardiogram - ECG

COMPREHENSIVE CARDIAC CHECK (CCC) PACKAGE (NRs. 12,000/-)

CONSULTATIONS

- I Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT, SGPT, Alkaline Phosphatase
- Serum Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Electrocardiogram - ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography - ECHO
- X-ray chest PA view
- Ultrasound Whole Abdomen and Pelvis
- Carotid IMT



BRONZE - PREVENTIVE HEALTH PACKAGE (NRs. 14000/-)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT, SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Thyroid Function Test - TFT (T3, T4, TSH) Vitamin D3
- Urine Routine and Microscopy
- Pap smear (Female above 40 only)
- PSA (Male)
- Stool Routine and Microscopy
- Electrocardiogram - ECG
- Echocardiography - ECHO
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis



SILVER - PREVENTIVE HEALTH PACKAGE (NRs. 18,000/-)

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT, SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Thyroid Function Test - TFT (T3, T4, TSH)
- Glycosylated Hemoglobin - HbA1c
- Vitamin D3
- Vitamin B12
- Pap smear (Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- Electrocardiogram - ECG
- Echocardiography - ECHO
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen
- Ultrasound - both Breasts (For Female above 40 yrs.)

GOLD - PREVENTIVE HEALTH PACKAGE (NRs. 22,000/-) CONSULTATIONS

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female Only)
- Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT, SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile- Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Serum Calcium
- Thyroid Function Test - TFT (T3, T4, TSH)
- Glycosylated Hemoglobin - HbA1c
- Pap smear (Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- Electrocardiogram - ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography (ECHO)
- Pulmonary Function Test- PFT
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen and Pelvis
- Ultrasound - both Breast (For Female above 40 yrs)
- Vitamin D3
- Vitamin B12

DIAMOND - PREVENTIVE HEALTH PACKAGE (NRs. 25,000/-) CONSULTATIONS

CONSULTATIONS

- Internal Medicine Consultation
- Obstetrics and Gynecology Consultation (For Female only)
- Cardiologist Consultation
- Dietician Consultation

INVESTIGATIONS

- Complete Haemogram, peripheral Smear and ESR
- Blood sugar fasting
- Blood Grouping and RH Factors
- Lipid profile – LDL, HDL, Cholesterol, TRIGLYCERIDES
- Liver Function Test profile - BILIRUBIN, Total Protein, Albumin, SGOT,SGPT, Alkaline Phosphatase
- Uric acid
- Renal Function Test Profile-Urea, Creatinine, Sodium, Potassium
- Urine Routine and Microscopy
- Serum Calcium
- Thyroid Function Test - (T3, T4, TSH)
- Iron Profile
- Pap smear (For Female)
- PSA (Male)
- Stool Routine and Microscopy
- Stool for Occult Blood
- ECG
- Tread Mill Test (TMT)/Holter
- Echocardiography (ECHO)
- Pulmonary Function Test -PFT (With /Without Bronchodilator)
- X-ray chest PA/AP view
- Ultrasound Whole Abdomen
- Carotid IMT
- Ultrasound both Breast (For Female above 40yrs)
- Vitamin D3
- Vitamin B12
- Glycosylated Hemoglobin (HbA1c)





Covered by
MDGP
CONSULTANTS



OPD CONSULTANT
SERVICES
RUN BY FULL TIME CONSULTANTS

State-of-the-art GI Center

24hrs Pharmacy

Neonatal Intensive

24hrs Radiology

Care Unit (NICU)

State-of-the-art ICU

Geriatric Care Services

24hrs Pathology

3 Modular OTs

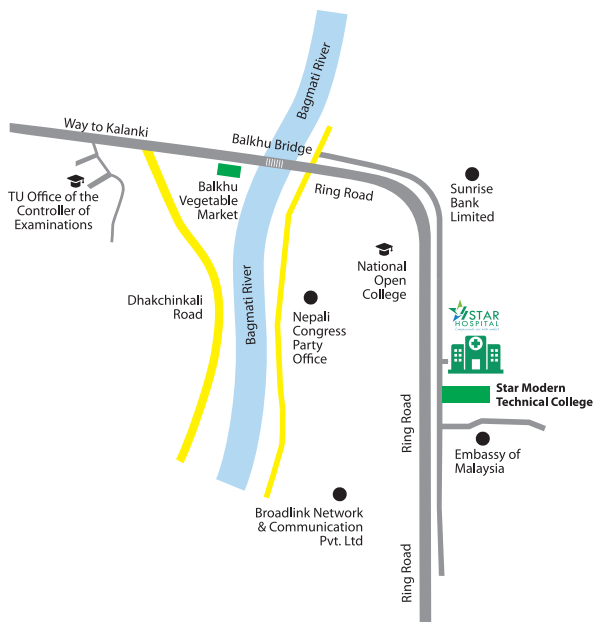
Wellness Center

24hrs EMS/HEMS/

Star Fertility Center

Pre-hospital Care Service

2 tier basement parking



FOR MORE INFORMATION, PLEASE CALL

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